# **BLOOMWELL** HEALTH



## Kasie Omile, RN, BSN

Kasie is a compassionate registered nurse with over six years of robust clinical experience, including four years dedicated to critical care. A proud graduate of the University of North Carolina at Chapel Hill, Kasie's academic and professional journey is distinguished by honors such as the Johnston Merit Scholar and the Hayden B. Renwick Academic Achievement Award. She further honed her clinical skills through a Nurse Residency Program at Johns Hopkins University Hospital, where she had the opportunity to collaborate with some of the nation's leading healthcare professionals.

Specializing in adult and geriatric care, Kasie brings significant expertise in both medical and

neuro-intensive care. Known for her calm responsiveness in dynamic, high-pressure environments, she possesses a unique ability to balance critical thinking with compassionate care. Her proficiency in healthcare software systems like EPIC and Cerner ensures she can streamline patient management and optimize care efficiency. She also has intermediate proficiency in Spanish, which allows her to connect with a diverse patient population and enhance the inclusivity of her care.

Kasie's career path includes impactful roles that underscore her adaptability and depth of experience. At Ascension St. Joseph's Hospital, she provided perioperative care, guiding patients through the critical stages of surgery and recovery with a focus on individualized care. As a travel RN with Aya Healthcare, she developed tailored care plans for critically ill patients across various ICUs, enriching her expertise with a variety of patient needs and conditions. Most recently, at Cedars-Sinai Medical Center, she excelled in neurosurgical patient care, using her skills in hemodynamic monitoring to manage complex neurological cases.

Beyond her clinical expertise, Kasie is passionate about community engagement and health education. She volunteers in youth mentorship and community health initiatives, using her nursing background to foster wellness and support health literacy in

underserved communities. Her commitment to empathy, continuous learning, and excellence in patient care defines her professional ethos, making her a respected and trusted nurse among her peers, patients, and community members alike. Kasie's dedication to both clinical excellence and community service reflects her belief in the power of healthcare to transform lives.

### Favorite Quote:

"Vulnerability is the birthplace of innovation, creativity, and change." - Brene Brown

### What is the most rewarding part about being a registered nurse?

I have the privilege of supporting and guiding patients on their healing journeys. It is deeply fulfilling to provide a calming presence, empower patients through education, and uplift them with a positive spirit. This role allows me to make a significant difference in their lives, fostering trust and promoting holistic well-being.

### What is one of your positive qualities/traits?

Adaptability and strong communication skills

#### What is your go to self-care activity?

I have a very strong gratitude practice that I maintain daily. It keeps me feeling grounded and optimistic so I can show up as my best self.