
BLOOMWELL HEALTH



Vivien Omile, MS, RD, IBCLC

Vivien Omile is a seasoned registered dietitian and IBCLC, licensed in NC, with over 20 years of experience. Primarily working with the Women, Infants, and Children (WIC) program, where she has been a trusted resource for families across North Carolina. She also has some experience with Special Infant Care. Vivien began her career as a Dietitian in 1999, building a solid foundation in maternal and child health before earning her International Board-Certified Lactation Consultant (IBCLC) credential in 2005. Since then, she has

dedicated herself to supporting WIC para professionals and mothers and infants through the joys and challenges of breastfeeding, offering personalized guidance to ensure each family has the support they need to meet their breastfeeding goals.

With deep roots in her Nigerian heritage and as a proud mother herself, Vivien brings a unique blend of cultural sensitivity and personal experience to her role. She specializes in addressing common as well as some complex breastfeeding challenges, with a warm, empathetic approach that resonates deeply with the families she serves. Her commitment extends to the Wake County WIC Prenatal and postpartum Breastfeeding Support Program, where she actively engages with expectant and postpartum mothers individually and through group classes, helping them feel empowered and prepared for the breastfeeding journey.

Beyond her professional achievements, Vivien is a vibrant member of her community. She enjoys cooking and baking, blending her love for traditional and contemporary recipes, and often gathers friends and family for heartfelt meals and volunteer activities. Vivien's commitment to family, culture, and health shines through in every aspect of her life, making her a valued and respected figure in maternal and child health.